

WEEKLY SPECIALS | MARCH 9-13

7WTC CAFE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARKET BAR	Open 11:30AM- 2:30PM	Fresh Seasonal Fruit, Oatmeal, Greek Yogurt, Assorted Bagels, Pastries, Assorted Spreads & Jams Salad Greens, Fresh Vegetable Crudités & Fruit, Wholesome Beans & Grains, Lean Proteins & Cheeses, Salad Dressings & Vinaigrettes, Toppings Antipasti: Daily Selection of Seasonal Marinated & Grilled Vegetables, Grain & Bean Salad			CLOSED
DELI	<p align="center">Mediterranean Vegetable Panini Grilled zucchini, squash, eggplant, feta, hummus, balsamic glaze</p> <p align="center">Bombay Chicken Tikka Wrap Chicken tikka, provolone, peppers, red onion, arugula</p>				
GRILL	Available Monday through Friday only on Thrive	<p align="center">Breakfast Special <i>Fried Egg, Ham & Swiss Cheese Croissant</i></p> <p align="center">Lunch Special <i>Turkey Avocado Burger on Sourdough</i> <i>La Frieda Burger, avocado, tomato, pepper jack, chipotle mayo</i></p>			Available Monday through Friday only on Thrive
CHEF'S TABLE	CLOSED		<p align="center">Women History Month Lemongrass Beef & Asparagus Stir-fry over Saffron Rice</p>		CLOSED
SOUP		Minestrone	Chicken Corn	Turkey Lasagna	
HOT KITCHEN TABLE	CLOSED	<p align="center">BREAKFAST Confetti Cage-Free Frittata Spinach, Feta & Tomato Egg Whites Scrambled Spanish Paprika Potatoes Turkey Sausage Link</p> <p align="center">Italian Italian Meatballs w/ Marinara sauce Chicken Marsala Wild Rice Pilaf Roasted Vegetable Medley</p>	<p align="center">BREAKFAST Cage-Free Scrambled Eggs w/Scallions Spinach, Bacon & Egg Whites Frittata Breakfast Fingerlings Apple Chicken Sausage</p> <p align="center">Asian Sweet Chili Salmon Honey Soy Glazed Steak Lemongrass Jasmine Rice Sesame Green Beans & Carrots</p>	<p align="center">BREAKFAST Cage-Free Cheesy Scrambled Eggs Roasted Vegetable Egg Whites Frittata Hash Browns Pork Sausage Link</p> <p align="center">Comfort Blackened Fluke Chipotle Spiced Chicken Macaroni Cheese Sauteed Cabbage</p>	CLOSED
GRAB N GO	CLOSED	Chicken Quesadilla	Chicken Quesadilla	Chicken Quesadilla	CLOSED